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sermon notes | january 22, 2012

Prayer Discussion Guide

Most of us pray when we're facing a crisis of some kind, big or small. Our prayers echo Peter's, when he's sinking in the Sea of Galilee: "Lord, Save Me!" But that sort of prayer assumes that God is Out There somewhere, and we need to get God's attention. The Scriptures teach that God is already working in and around us. We can use prayer to connect with God throughout our day, to call our attention to how God is already working around us, and to join in with what God is doing.

Scripture for Further Reading

1 Kings 19:3-12, Nehemiah 1:5-6, Psalm 46:10, Daniel 6:10, 1 Thessalonians 3:10, 1 Thessalonians 5:17

For a guide to getting started with prayer or other Spiritual Practices, go to: www.jrforasteros.com/resources

Questions for Discussion

1. How often do you pray? What do your prayers sound like?
2. Do you feel that you're in control of your schedule, or does your schedule control you?
3. In 1 Thessalonians 5:17, Paul tells Christians to "pray without ceasing". What do you think he means by that?
4. How can you use prayer to order your day, to be sensitive to what God is doing around you?
5. Take a few minutes to explore this website: www.upperroom.org/methodx/thelife/prayermethods. Which of these practices could you implement to help you connect to God and join what he's doing?